

## Guidelines for Documenting Autism Spectrum Disorder (ASD)

**1.) A Qualified Evaluator.** Professionals conducting evaluations or assessments, diagnosing Autism Spectrum Disorder (ASD), and making recommendations for appropriate and reasonable academic accommodations must be qualified and licensed to do so. They may be individuals or serve as a member of a diagnostic team, as a multi-disciplinary approach is often crucial for diagnosis and treatment of those with ASD. Appropriate training and direct experience with adolescents and/or adults with ASD is essential. The documentation must meet the following criteria:

- include evaluator's name, title, professional credentials, license and/or certification number,
- be presented on the professional's letterhead, typed, dated, signed, and legible,
- the evaluator may not be a family member.

**2.) Current Documentation.** Reasonable accommodations are based on the current impact of a disability; therefore, it is of utmost importance for psychological documentation to address an individual's current level of functioning and present need for accommodations.

**3.) Comprehensive Evaluation.** Documentation **must** be including the components listed below:

- A discussion of:
  - history of presenting symptoms and evidence of impairment in early childhood
  - relevant developmental, historical, familial, and psycho-social information
  - evidence of current functional impairment, particularly in an academic environment (e.g., the impact on study skills, note-taking, test-taking, and organizational skills).
  - severity of symptoms
  - co-existing conditions, if any
- A **clear diagnosis** of Autism Spectrum Disorder based on DSM-V or ICD-10 criteria, including:
  - a clearly stated diagnosis, subtype if applicable, and diagnostic code,
  - a list of the diagnostic criteria as the basis for the diagnosis,
  - evidence of the ruling out of other potential diagnoses, dual diagnoses, and alternative explanations such as educational, linguistic, and cross-cultural factors,
  - a description of how the diagnosis substantially impacts a major life activity/activities,
  - **CANNOT INCLUDE** wording such as "seems to indicate" or "suggests."
- A description of current and past treatments, therapeutic techniques, assistive devices or software, medications, etc. used to ameliorate the impact of ASD.
- Appropriate, specific recommendations for academic accommodations including:
  - detailed explanation as to why each accommodation is recommended,
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